

# TMR-33: The new normal? LGBTQ+ polyamory and Its impact on modern love

By Yuliya Matviychuk 5 min 5

## Data structure: [🔗](#)

Sampling - 799 users:

- Location: USA
- Genders: Lesbian, Gay, Trans, Queer
- Age: 18-35

Survey dates: February 10th- February 20th

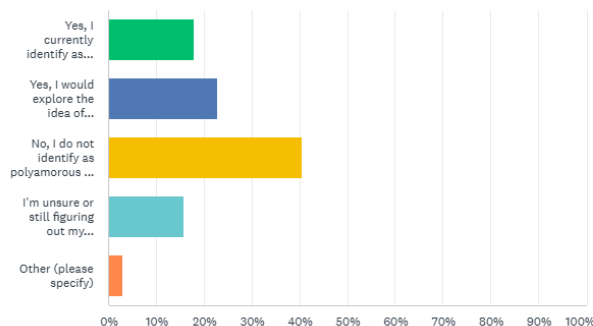
### Questions

- Q1: Do you identify with or have you ever considered exploring a polyamorous relationship?
- Q2: What are your thoughts on polyamorous relationships within the LGBTQ+ community?
- Q3: Do you think polyamory challenges or complements traditional relationship norms?
- Q4: Do you believe being in a polyamorous relationship significantly changes how people experience love, trust, and commitment?
- Q5: What do you think motivates people to explore polyamorous relationships?
- Q6: What do you see as the biggest benefits of polyamorous relationships?

## Results [🔗](#)

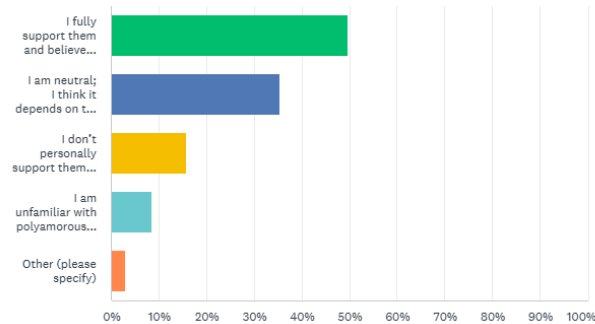
### Q1: Do you identify with or have you ever considered exploring a polyamorous relationship?

- 17.84% of respondents currently identify as polyamorous, while 22.72% are open to exploring it. This indicates that a significant portion of the community either embraces polyamory or is open to it.
- 40.56% of respondents do not identify as polyamorous nor wish to explore it, which reflects a preference for monogamous relationships or perhaps a lack of interest in polyamory.
- 15.79% are unsure or still figuring out their relationship preferences, suggesting some uncertainty or a lack of clarity about relationship dynamics.
- 3.08% selected "Other," which could include various nuanced responses not captured by the predefined options.



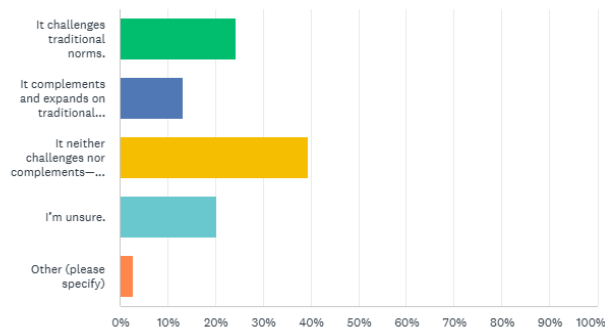
## Q2: What are your thoughts on polyamorous relationships within the LGBTQ+ community?

- 49.68% of respondents fully support polyamorous relationships and see them as a valid choice. This suggests a high degree of acceptance within the community.
- 35.43% remain neutral, implying that while they don't have strong opinions, they are open to the diversity of relationship styles.
- 15.79% respect polyamory but don't personally support it, indicating tolerance without full endorsement.
- 8.60% are unfamiliar with polyamory, which highlights a gap in understanding or exposure to this relationship style.
- 2.95% selected "Other," possibly indicating diverse or less common views on polyamory.



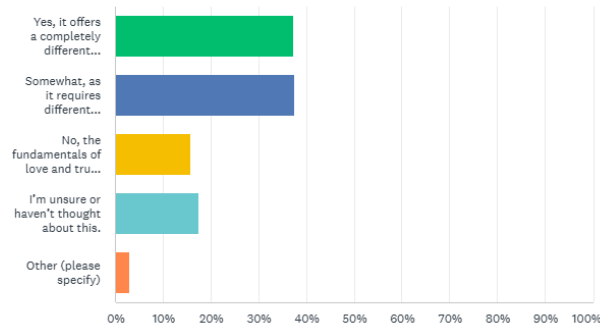
## Q3: Do you think polyamory challenges or complements traditional relationship norms?

- 24.39% believe polyamory challenges traditional norms, suggesting that it is seen as a departure from conventional relationship structures.
- 13.22% think polyamory complements and expands on traditional norms, possibly seeing it as a natural extension or variation.
- 39.41% see it as simply a different approach, not necessarily opposing or adhering to traditional norms.
- 20.15% are unsure, highlighting a lack of clarity or personal perspective on how polyamory fits within broader societal structures.
- 2.82% chose "Other," which could indicate diverse interpretations or viewpoints.



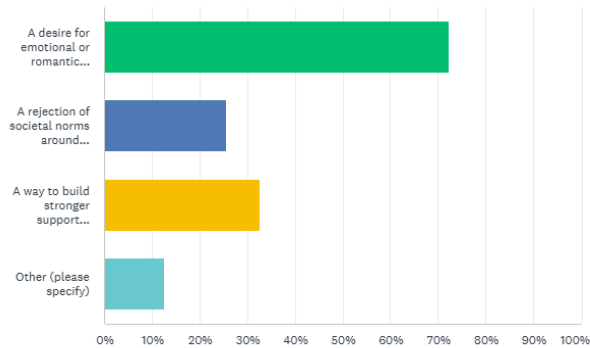
## Q4: Do you believe being in a polyamorous relationship significantly changes how people experience love, trust, and commitment?

- 37.36% of respondents believe polyamory offers a completely different perspective on relationships, indicating that many see it as fundamentally distinct in how love, trust, and commitment are experienced.
- 37.48% feel that polyamory requires different communication and trust dynamics, suggesting a belief that these aspects of relationships are more complex in polyamorous settings.
- 15.79% think the fundamentals of love and trust remain the same regardless of relationship type, highlighting a belief in universal relationship dynamics.
- 17.46% are unsure, which could reflect a lack of experience or understanding of polyamory.
- 3.08% selected "Other," suggesting a variety of additional thoughts or nuances on the topic.



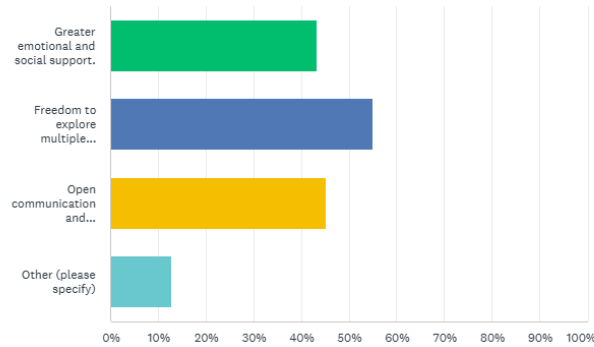
#### Q5: What do you think motivates people to explore polyamorous relationships?

- 72.27% believe a desire for emotional or romantic connections with multiple people is a primary motivator, indicating that polyamory is often seen as a way to fulfill diverse emotional needs.
- 25.67% cite a rejection of societal norms around monogamy, which suggests that for some, polyamory is a form of resistance to traditional relationship structures.
- 32.61% think building stronger support networks is a key motivator, highlighting the role of community and social connections in polyamory.
- 12.58% chose "Other," which could include a variety of personal or cultural reasons not captured by the options.



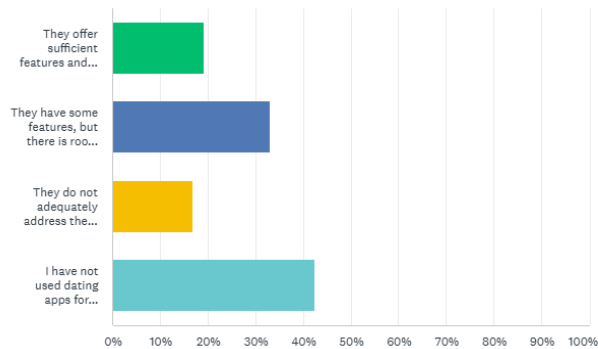
#### Q6: What do you see as the biggest benefits of polyamorous relationships?

- 54.94% cite the freedom to explore multiple connections as the biggest benefit, reflecting the primary appeal of polyamory.
- 45.19% believe open communication and transparency are key benefits, emphasizing the importance of honesty and clear communication in polyamorous dynamics.
- 43.26% see greater emotional and social support as a significant advantage, suggesting that polyamory provides a broader network of care and connection.
- 12.71% selected "Other," which could encompass additional or specific benefits unique to individual experiences.



#### Q7: How well do you think dating apps cater to individuals interested in polyamorous relationships?

- 19.13% believe dating apps offer sufficient features and resources for polyamorous individuals, indicating that there is some support but it may not be widespread.
- 33.12% feel that dating apps have some features but room for improvement, suggesting that while there are some efforts, more could be done to accommodate polyamory.
- 16.82% think dating apps do not adequately address the needs of polyamorous individuals, which could point to a significant gap in service or understanding within the app industry.
- 42.49% have not used dating apps for polyamorous connections, which could mean that many are either not aware of or not interested in using dating apps for this purpose.



#### Insights [🔗](#)

#### Key Insights: [🔗](#)

1. **Support for Polyamory:** A majority of respondents support polyamorous relationships, with almost 50% seeing them as a valid relationship choice.
2. **Relationship Norms:** Polyamory is often viewed as either challenging or complementing traditional norms, with a sizable portion seeing it as a different approach to relationships.
3. **Communication and Trust:** Polyamorous relationships are perceived to involve different dynamics of communication, trust, and commitment, which could mean that individuals entering polyamory need to adjust their relational frameworks.
4. **Motivations:** Emotional connections with multiple people and a rejection of societal norms are major drivers for exploring polyamory, along with building support networks.
5. **App Support:** There's a clear need for dating apps to improve how they cater to polyamorous individuals, with many respondents indicating room for growth in this area.

